### Biosynthesis of iron nanoparticles using *Alhagi sparsifolia* extract for treatment of colorectal carcinoma in *in vitro* conditions: a pre-clinical trial study

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Submitted: 7 August 2021; Accepted: 12 October 2021 Online publication: 22 October 2021

Arch Med Sci DOI: https://doi.org/10.5114/aoms/143052 Copyright © 2021 Termedia & Banach Corresponding author: Yadong Zhou Department of Gastrointestinal Surgery 3201 Hospital Hanzhong 723000 China E-mail: sogand.paydarfard@ yahoo.com

#### Abstract

**Introduction:** Every year, many people die due to cancer all over the world. So, the development of effective new chemotherapeutic supplements and drugs for the treatment of cancer is a priority for both developing and developed countries. Recently, iron nanoparticles (FeNPs) have been used as modern chemotherapeutic drugs for the treatment of several cancers such as leukemia, lung cancer, breast cancer, and prostate cancer.

**Material and methods:** In the present study, iron nanoparticles were green-synthesized using an aqueous extract of *Alhagi sparsifolia* leaf. The synthesized FeNPs were characterized by analytical techniques including SEM, TEM, UV-Vis, and FT-IR.

**Results:** The nanoparticles were formed in a spherical shape in the average size of 47.24 nm. In the antioxidant test, the  $IC_{50}$  values of FeNPs and BHT against DPPH free radicals were 161 and 134 µg/ml, respectively. The anti-human colorectal carcinoma activity of FeNPs was evaluated using MTT assay. In the cellular and molecular part of the recent study, the cells treated with FeNPs were assessed by MTT assay for 48 h about the cytotoxicity and anti-human colorectal carcinoma properties on normal (HUVEC) and colorectal carcinoma cell lines, i.e. HT-29, HCT 116, HCT-8, and Ramos.266.4C10. The viability of the malignant colorectal cell line decreased dose-dependently in the presence of FeNPs. The  $IC_{50}$  of FeNPs were 250, 293, 276, and 344 µg/ml against HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10 cell lines, respectively.

**Conclusions:** After clinical study, iron nanoparticles containing *Alhagi sparsifolia* leaf aqueous extract may be used to formulate a new chemotherapeutic drug or supplement to treat the several types of human colorectal carcinoma.

**Key words:** iron nanoparticles, green synthesis, chemotherapeutic drug, anti-human colorectal carcinoma, antioxidant, cytotoxicity.

#### Introduction

Alhagi is a genus of Old World plants in the family Fabaceae. They are commonly called camelthorns or manna trees. There are three to five



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species. Alhagi species have proportionally the deepest root system of any plants – a 1 m high shrub may have a main root more than 15 m long; due to their deep root system Alhagi species are drought-avoiding plants that utilize ground water, adapting in that way perfectly to the hyper-arid environment [1-4]. Alhagi species are used as food plants by the larvae of some Lepidoptera species including Coleophora argyrella, which feeds exclusively on A. sparsifolia. The genus name comes from the Arabic word for pilgrim [2, 5]. Alhagi in Persian is "KhareShotor", which means thistle of camels, as camels can eat it with its thorns. In the Middle East, its boiled or distillated juice is used against kidney and bladder stones. Also, the plant foliage is the habitat of an insect which produces Manna of hedysarum or Tarangabeen, which is a honey remedy for neonatal jaundice [5-9]. The genus is known as an important medicinal genus in folk medicine around the world. The whole plant of the Alhagi genus is used as a laxative, diuretic, and expectorant [3]. The genus is effective to reduce gastric acidity [4]. The Alhagi genus showed diaphoretic, antiseptic, and wound-healing properties [5]. The essential oil of the leaves of the Alhagi genus is used to treat rheumatism [6]. The Alhagi genus is rich in phenolic compounds, glycosides, sterols, steroids, resins, alkaloids, flavonoids, fatty acids, coumarins and vitamins. The presence of these different classes of secondary metabolites in Alhagi is chiefly responsible for its bioactivity [4, 7–9].

Nanotechnology, also shortened to nanotech, is the use of matter on an atomic, molecular, and supramolecular scale for industrial purposes. The earliest widespread description of nanotechnology referred to the particular technological goal of precisely manipulating atoms and molecules for fabrication of macroscale products, also now referred to as molecular nanotechnology [10–12]. A more generalized description of nanotechnology was subsequently established by the National Nanotechnology Initiative, which defined nanotechnology as the manipulation of matter with at least one dimension sized from 1 to 100 nm. This definition reflects the fact that quantum mechanical effects are important at this quantum-realm scale, and so the definition shifted from a particular technological goal to a research category inclusive of all types of research and technologies that deal with the special properties of matter which occur below the given size threshold. It is therefore common to see the plural form "nanotechnologies" as well as "nanoscale technologies" to refer to the broad range of research and applications whose common trait is size. Scientists are currently debating the future implications of nanotechnology. Nanotechnology may be able to create many new materials and devices with a vast range of applications, such as in nanomedicine, nanoelectronics, biomaterials, energy production, and consumer products. On the other hand, nanotechnology raises many of the same issues as any new technology, including concerns about the toxicity and environmental impact of nanomaterials, and their potential effects on global economics, as well as speculation about various doomsday scenarios. These concerns have led to a debate among advocacy groups and governments on whether special regulation of nanotechnology is warranted [9–13].

Nanoparticles are widely used because of their high surface-to-volume ratio, small size, and excellent reactivity. The effects of nanoparticles should be predictable, controllable and achieve the desired results with minimal toxicity. Metallic nanoparticles used in treatment and diagnosis, in addition to being non-toxic, must be biocompatible and stable in vivo. Also, by making appropriate changes in the surface of metallic nanoparticles, they will have a wide range of applications by binding to biomolecules and various carriers to cross the cell membrane and target the desired part in the body. One of the important points in the production of nanoparticles is the use of cost-effective and efficient precursors [12–15]. There are three biological, chemical, and physical methods to synthesize nanoparticles. Chemical and physical methods are time-consuming and costly. In addition, these methods use some toxic additive chemicals that cause adverse effects on medical applications by adsorption on the surface. Applying the principles of green chemistry has decreased the use of toxic compounds or hazardous solvents, provided optimal regeneration conditions and ameliorated materials for the chemical processes, and raised new sources for green synthesis [12–14]. Therefore, one of the primary goals of green nanotechnology is to produce nanomaterials without harm to human health or the environment, and to develop and design nanomaterials and products that are suitable solutions to environmental problems. The synthesis of nanoparticles by similar biological methods results in greater catalytic activity and limits the use of toxic and expensive chemicals [10-13]. In biological methods, plant extracts, enzymes or proteins carrying natural resources are used to produce or stabilize nanoparticles. The nature of the materials used to make nanoparticles influences the shape, structure and morphology of these nanoparticles [10-14]. Biological systems involved in the green synthesis of nanoparticles are plants and their derivatives, as well as microorganisms such as algae, fungi, and bacteria. Plant parts such as roots, leaves, stems, fruits, and small parts such as the kernel and skin of the fruit are suitable to synthesize nanoparticles because their extracts are rich in phytochemicals that act as stabilizing and reducing substances [10–13]. The use of natural plant extracts is a cheap and environmentally friendly process and does not require intermediate groups. Short time, no need for expensive equipment, precursors, high purity product and excellent quality without impurities are the features of this method [14, 15].

Recently, scientists have used the anticancer effects of medicinal plants in several traditional medicines for synthesizing iron nanoparticles containing natural compounds. So far, the anticancer effects of *Barleria prionitis*, *Lupinus perennis*, *Maytenus boaria*, *Cephaelis acuminate*, *Tinospora cordifolia*, *Sophora subprostrata*, *Euphoria hirta*, *Boswellia serrate*, *Lavandula officinalis*, *Phyllanthus niruri*, *Solanum seaforthianum*, and *Cephalotaxus harringtonia* drupacea have been proved [15]. In the current research, the properties of iron nanoparticles formulated by *Alhagi sparsifolia* leaf aqueous extract against common colorectal carcinoma cell lines, i.e. HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10, were evaluated.

#### Material and methods

## Preparation and extraction of aqueous extract

First, the dried leaves of *Alhagi sparsifolia* were ground. Then, 80 g of the sample was macerated in 500 ml of boiling water for 3 h. Next, the filtration and evaporation were applied to obtain the concerted extract. Finally, the extract was put in a freeze drier for 72 h to produce the powder extract of *Alhagi sparsifolia*.

## Green synthesis and chemical characterization of FeNPs

A reported procedure (with some modifications) was used for green synthesis of FeNPs [16]. First, 10 ml of the plant extract (0.2 g in 100 ml of water) was added to 30 ml of 0.02 M FeCl<sub>3</sub> × 6 H<sub>2</sub>O. Then, the mixture was stirred for 90 min at 50°C. After that time, the iron nanoparticle was formed. The color changing from yellow to black indicated the formation of iron nanoparticles. The obtained FeNPs were washed three times with water and centrifuged at 10000 rpm for 15 min. Finally, the precipitate was dried at room temperature. The synthesized nanoparticles as a black powder were kept in a vial for chemical characterization and biological activity evaluation.

#### Antioxidant activities of FeNPs

The free radical scavenging test was first performed by Blois in 1958, and after some modification by numerous studies in its current form. The DPPH method is one of the most widely used methods for estimating antioxidant content. DPPH is a stable radical that reacts with hydrogen atom compounds. This test is based on the inhibition of DPPH, which causes the decolorization of DPPH solution by adding radical species or antioxidants. DPPH changes color from purple to yellow by taking an electron from the antioxidant compound. The free radicals in DPPH are adsorbed at 517 nm, which follows Beer Lambert's law, and decreased absorption is linearly related to the number of antioxidants; the higher the number of antioxidants, the more DPPH is consumed and the more purple turns yellow [15].

This experiment was performed with a few changes in the method of Lu *et al.* 0.5 ml of 0.1 mM DPPH solution prepared in 95% ethanol was mixed with 100  $\mu$ l of FeNPs. The resulting solution was kept in the dark at 38°C for 31 min. The absorbance of the samples was then read at 518 nm. To compare the activity of FeNPs, standard BHT compound was used as a standard antioxidant [15].

To determine the amount of  $IC_{50}$  ( $IC_{50}$  is defined as the concentration required to inhibit 50% of the antioxidant activity) for FeNPs, experiments were performed at eleven different concentrations of the desired nanoparticle solution and BHT. Each experiment was performed in three shifts and the mean values were calculated. Percentage of radicalization activity was calculated through the following equation [15]: Inhibition (%) = (Sample A/ Control A) × 100.

In this regard, the blank adsorption indicates the adsorption of the control solution, which contains 0.5 ml of DMPH solution and 100  $\mu$ l of 95% ethanol instead of FeNP solution and adsorption of the reaction indicates the adsorption of the solution content of the FeNP sample [15].

## Anti-human colorectal carcinoma potentials of FeNPs

One of the cytotoxicity test methods to measure the rate of cell death is the MTT method, which is based on the formation of formazan dye by reducing the substance MTT (dimethyl thiazole 2 and 5 diphenyltetrazolium bromide) or other tetrazolium salts. By breaking the MTT tetrazolium ring by mitochondrial enzymes in living cells, insoluble purple formazan crystals are formed. The formation of these crystals indicates the activity of respiratory chain enzymes and is a measure of cell viability. By measuring the amount of absorption with a spectrophotometer at specific wavelengths, the number of living cells can be determined. The MTT method is based on the intensity of dye produced by the mitochondrial activity of cells, measured at a wavelength of 540 to 630 nm and directly proportional to the number of living cells; the increase or decrease in the number of living cells is linearly related to the activity of cell mitochondria [17]. Dead cells, on the other hand, are unable to perform this conversion due to the inactivity of their mitochondria and therefore do not show a signal. In this method, dye formation is used as a marker for the presence of living cells. In recent years, MTT testing has been the most important measurement method to evaluate the toxicity and anti-cancer effects of metal nanoparticles [17].

In this study, common human colorectal carcinoma cell lines, i.e., HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10, were used to evaluate the anticancer effect of FeNPs on cell culture. For this purpose, each cell line was placed separately in T25 flasks with a complete culture medium (including DMEM (Dulbecco's Modified Eagle Medium, 10% complementary bovine fetal serum, and 1% penicillin-streptomycin solution) and cell culture was incubated at 37°C in the incubator with 5% CO<sub>2</sub>.

After obtaining 80% cell density, the sample was exposed to 1% trypsin-EDTA solution and after 3 min of incubation at 37°C in a cell culture incubator with 5% CO, and observation of cells removed from the bottom of the plate, the sample was centrifuged at 5000 rpm for 5 min and then the cell precipitate was decrypted by adding trypsin culture medium. Then, the cell suspensions after adding trypan blue dye were counted with a neobar slide, and a cytotoxicity test was performed by the MTT method. For this purpose, in each well of 98-cell culture plates, 10 µl of HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10 cells were introduced with 200 µl from the complete cell culture medium, and to achieve the cell monolayer density, the plate was re-exposed to 5% CO<sub>2</sub> at 37°C. After reaching 80% cell growth, the culture medium was removed and the cell surface was first washed with PBS buffer. Again, in all wells, a complete two-concentration culture medium of 100  $\mu$ l was introduced and 100  $\mu$ l of a solution of FeNPs dissolved in PBS (mg/ml) was introduced into well No. 1. After mixing the nanoparticles in the culture medium, 100 µl of it was removed and added to the second well. In the next step, 100 µl of the second well was removed after stirring the medium and added to well 3. This operation was performed up to well 11 and thus the number of nanoparticles in each well was halved each time. Well No. 12 contained only one cell and complete culture medium of one concentration and remained as a control. The plate was again exposed to 5% CO<sub>2</sub> at 37°C for 24 h and after 24 h the cytotoxicity was determined using tetrazolium dye. 10 µl of tetrazolium dye (5 mg/ml) was added to all wells, including the control, and the plate was exposed to 5%  $CO_2$  at 37°C for 2 h.

The dye was then removed from the wells and 100  $\mu$ l of dimethyl sulfoxide (DMSO) was added to the wells; the plate was wrapped in aluminum foil and shaken thoroughly in a shaker for 20 min. Finally, cell survival was recorded in an ELISA reader at 540 nm [17]: Cell viability (%) = (Sample A/ Control A) × 100.

Then, based on the absorption rate of each well and its comparison with the control, the inhibitory concentration of 50% ( $IC_{50}$ ) was obtained [17].

#### Statistical analysis

After collecting data, Minitab statistical software was used for statistical analysis. Evaluation of antioxidant results in a completely randomized design and comparison of means was performed using the Duncan post-hoc test with a maximum error of 5%. To measure the percentage of cell survival in factorial experiments with the original design of completely randomized blocks and compare the means, the Duncan post-hoc test with a maximum error of 5% was used. The 50% cytotoxicity ( $IC_{50}$ ) and 50% free radical scavenging ( $IC_{50}$ ) were estimated with ED50 plus software (INER, V: 1.0). Measurements were reported as mean  $\pm$  standard deviation.

#### **Results and Discussion**

#### Chemical characterization of FeNPs

#### UV-Vis analysis

UV-visible spectroscopy (UV-Vis) is based on the irradiation of ultraviolet and visible photons on the sample and measures the rate of passage or absorption of matter at different wavelengths in the range of 200 to 1100 nm. It is possible to measure the spectrum for samples in solution, solid as well as thin layers. The size of solid samples should be larger than 20 mm. This test is not possible for powder samples. One of the important applications of the UV device is to determine the concentration of the unknown solution. By having the original sample and its solvent and making several solutions with different percentages and drawing a calibration diagram based on the calculation of the maximum land, the concentration of the unknown solutions can be calculated [18, 19].

The UV-Vis spectrum of the green-synthetic nanoparticles of FeNPs is presented in Figure 1. The surface plasmon resonance (SPR) of FeNPs was completed using UV-Vis spectroscopy. The produce of the biosynthetic FeNPs was observed. The advanced SPR bands at the wavelengths of 235 and 325 nm confirmed the formation of the iron nanoparticles. The bands are very close to those previously reported for the green synthesis of iron nanoparticles [18, 19].

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Figure 1. UV-Vis spectrum of biosynthesized FeNPs



#### FT-IR analysis

Fourier transform infrared (FT-IR) has been a suitable technique for analyzing materials in the laboratory. An infrared spectrum represents the fingerprint of the sample under test with absorption peaks, which depends on our vibrational frequencies between the atomic bonds of that material. Since each substance has its own atomic bonds, no two compounds with the same infrared spectrum are alike. Hence, infrared spectroscopy can be effective in better identification (qualitative analysis) of different types of materials. Also, the peak sizes are in the range indicating the amount of material present. Advanced software algorithms make this spectroscopy a great tool for quantitative analysis [20–22].

The FT-IR spectrum of iron nanoparticles is shown in Figure 2. Several peaks in the spectrum are attributed to the functional groups of different organic compounds in Alhagi sparsifolia extract, which are linked to the surface of FeNPs. The presence of secondary metabolites such as phenolic, flavonoid, triterpenes in Alhagi sparsifolia extract has been reported previously [7–9]. The peaks at 3421 and 2932 cm<sup>-1</sup> are related to O-H and aliphatic C-H stretching; the peaks from 1402 to 1680 cm<sup>-1</sup> correspond to C=C and C=O stretching, and the peaks at 1199 and 1100 cm<sup>-1</sup> could be ascribed to -C-O and C-O-C stretching. The formation of FeNPs is approved by the presence of the peaks at wavenumbers of 451, 529, and 614 cm<sup>-1</sup>. These peaks attribute to bending vibration of Fe-O. Similar peaks with some differences in the wavenumber have been reported for green-synthetic FeNPs by other research groups [20-22].

#### SEM analysis

The SEM device is one of the most powerful tools used in various fields, including nanotechnology, which uses electron bombardment to produce images of objects as small as 10 nm. The bombardment of the sample causes positively charged electrons to be released from the sample to the plate, where these electrons become signals [23–29].

The morphology of FeNPs was assessed by the SEM technique. Figure 3 presents the SEM of FeNPs. The images show the spherical shape for the nanoparticles with average particle size of 47.24 nm. Furthermore, the nanoparticles are aggregated. In our literature review, 8.36 to 86.12 nm was reported for biosynthesized iron oxide using plant extracts as the capping agent [23–29].

#### **TEM** analysis

Transmission electron microscopy (TEM) is used for determining the structure and morphology of materials. TEM enables microstructural studies with high resolution and high magnification such as studies of crystal structures, symmetry, orientation and crystal defects. TEM and SEM microscopes differ in how the beam passes and the information obtained from the sample. Scanning microscopes take pictures of the sample surface, while passing microscopes take pictures of the



Figure 3. SEM images of FeNPs



Figure 4. TEM images of FeNPs

inside of the sample. The resolution and magnification of electron microscopes are higher than those of scanning electron microscopes. The electron beams in the scanning electron microscope scan the surface of the sample point-by-point, but the TEM microscope beams hit and pass through the entire sample. In addition, sample preparation for the SEM microscope is easier than for the TEM microscope [23–30].

TEM is the other test for determining the morphology and size of metallic nanoparticles. In our study, the range size of the nanoparticles (11–62 nm) was calculated through TEM images (Figure 4). Furthermore, the histogram plot from the TEM image showed the particle size distribution of biosynthesized iron nanoparticles in the range of 10 to 54 nm. In previous studies, the size of iron nanoparticles formulated by aqueous extract of medicinal plants was calculated in the range of 5–100 nm with the spherical shape [23–30]. These reports support the results of the current work.

# Cytotoxicity, anti-human colorectal carcinoma, and antioxidant activities of FeNPs

The gradual maturation of nanotechnology has been considered not only for treating cancer but also for a wide variety of applications, especially for drug delivery and diagnostics and imaging. There are many types of nanoparticles available and choosing the right carriers according to demand is a key issue [31–35]. Nanoparticles are very close in size to biological molecules in terms of size and can easily penetrate into the cell; for this reason, one of the goals of nanotechnology is to mount molecules and drugs on nanoparticles and transfer them to the target cell [31–35]. It is also possible to create different surface properties for nanoparticles by attaching protective ligands to increase the nanoparticles' resistance to the

Table I. IC<sub>50</sub> of FeCl<sub>3</sub> × 6 H<sub>2</sub>O, Alhagi sparsifolia and FeNPs in cytotoxicity test

Parameter	FeCl <sub>3</sub> × 6 H <sub>2</sub> O [µg/ml]	Alhagi sparsifolia [µg/ml]	FeNPs [µg/ml]
IC <sub>50</sub> against HUVEC		-	-
IC <sub>50</sub> against HT-29	-	580 ±0°	250 ±0ª
IC <sub>50</sub> against HCT 116	-	519 ±0°	293 ±0 <sup>ab</sup>
IC <sub>50</sub> against HCT-8	-	582 ±0°	276 ±0ª
IC <sub>50</sub> against Ramos.2G6.4C10	-	528 ±0°	344 ±0 <sup>b</sup>

Different letters indicate significant differences between groups.





ties of FeCl<sub>3</sub> ×6 H<sub>2</sub>O, *Alhagi sparsifolia* and FeNPs against HT-29 cell line

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**Figure 7.** Anti-human colorectal carcinoma properties of  $FeCl_3 \times 6 H_2O$ , *Alhagi sparsifolia* and FeNPs against HCT 116 cell line

immune system and increase their presence in the bloodstream, and even binding ligands to specifically bind the nanoparticles to the target tissue [32–36].

In this research, the cells treated with different concentrations of the present FeNPs were assessed by MTT assay for 48 h as regards the cytotoxic properties towards normal (HUVEC) and colorectal malignancy cell lines, i.e., HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10.

The absorbance rate was evaluated at 570 nm, which represented viability on the normal cell line (HUVEC) even up to 1000  $\mu$ g/ml for FeNPs (Table I, Figure 5).

The viability of malignant colorectal cell line decreased dose-dependently in the presence of FeNPs. The IC<sub>50</sub> values of FeNPs were 250, 293, 276, and 344  $\mu$ g/ml against HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10 cell lines, respectively. The IC<sub>50</sub> values of *Alhagi sparsifolia* were 580, 519, 582, and 528  $\mu$ g/mL against HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10 cell lines, respectively (Table I, Figures 5–9).

It seems that the anti-human colorectal carcinoma effect of recent nanoparticles is due to their antioxidant effects. Because tumor progression is so closely linked to inflammation and oxidative stress, a compound with anti-inflammatory or antioxidant properties can be an anticarcinogenic agent [22, 23]. Many nanoparticles have pharmacological and biochemical properties, including antioxidant and anti-inflammatory properties, which appear to be involved in anticarcinogenic and antimutagenic activities [22–24].

In this study, we assessed the antioxidant properties of *Alhagi sparsifolia* leaf aqueous extract green-synthesized FeNPs by using the test with DPPH as a common free radical. Oxidation is the electrons transfer from an atom and is the aerobic life and metabolism part of living organisms. Oxygen is the receptor for electrons in the elec-







**Figure 9.** Anti-human colorectal carcinoma properties of FeCl<sub>3</sub> × 6 H<sub>2</sub>O, *Alhagi sparsifolia* and FeNPs against Ramos.2G6.4C10 cell line

tron transport system, which yields energy from ATP (adenosine triphosphate) in the body. Under certain conditions, oxygen may become a single electron and release free radicals. When oxygen becomes a single electron, it is called reactive oxygen species (ROS). Oxidative loss to proteins, DNA, and other macromolecules is one of the internal causes of degenerative diseases such as aging, cardiovascular disease, cancer, immune system deficiency, cataracts, and abnormal brain function. Singlet oxygen, a high-energy and mutagenic form of oxygen, can be produced by lipid peroxidation by the transmission of energy from light or the respiratory tract of neutrophils [10–12]. Some free radicals have positive roles such as regulating cell growth, phagocytosis, energy production, intracellular signals, or the synthesis of important biological compounds. Antioxidants produced in the body fight free radicals with two systems: enzymatic defense and non-enzymatic defense. Superoxide dismutase, catalase, and glutathione peroxidase metabolize lipid peroxide, hydrogen peroxide, and superoxide and prevent the produc-

Parameter	FeCl <sub>3</sub> × 6 H <sub>2</sub> O [µg/ml]	Alhagi sparsifolia [µg/ml]	FeNPs [µg/ml]	BHT [µg/ml]		
IC <sub>50</sub> against DPPH	-	380 ±0 <sup>b</sup>	161 ±0ª	134 ±0ª		
Different letters indicate significant differences between groups.						



tion of toxic hydroxyl radicals [12, 15]. In non-enzymatic defense, there are two classes of fat-soluble antioxidants (carotenoids and vitamin E) and water-soluble antioxidants (glutathione and vitamin C) that trap free radicals. These two systems help neutralize oxidants. However, oxidants can escape from antioxidants and damage tissues. In this case, the activated antioxidant repair system (which consists of the enzymes lipase, protease, transferase and DNA repair enzymes) counteracts the oxidant effects. However, due to deficiencies in the production of antioxidants in the body or due to physiopathological factors and situations (such as smoking, air pollution, UV radiation, diets containing high unsaturated fatty acids, inflammation, ischemia, bleeding, etc.) when ROS are yielded in large quantities at the wrong place and time, oral antioxidants are needed to counteract the cumulative effects of oxidative damage [11, 12, 15].

The scavenging capacity of *Alhagi sparsifolia* leaf aqueous extract green-synthesized FeNPs and BHT at different concentrations expressed as percentage inhibition is presented in Table II and Figure 10.

In the antioxidant test, the  $IC_{50}$  values of FeNPs and BHT against DPPH free radicals were 161 and 134 µg/ml, respectively (Table II and Figure 10).

In conclusion, cancer can be treated in several ways: surgery, chemotherapy, radiation therapy, immunotherapy, gene therapy, or a combination of these. Due to the relative inefficiency and very severe side effects of chemotherapy drugs, researchers and scientists have sought a new formulation of various compounds, especially metallic

nanoparticles. In summary, the green synthesis of iron nanoparticles was carried out using an aqueous extract of Alhagi sparsifolia. The nanoparticles were characterized using common chemical techniques such as UV-Vis, FT-IR, SEM, and TEM. The SEM images indicated a spherical morphology for FeNPs with average size of 47.24 nm, which is well known as a sufficient size for synthetic nanoparticles. The FeNPs showed the best antioxidant activities against DPPH. The IC<sub>50</sub> values of FeNPs and BHT against DPPH free radicals were 161 and 134 µg/ml, respectively. The viability of malignant colorectal cell line decreased dose-dependently in the presence of FeNPs. The IC values of FeNPs were 250, 293, 276, and 344 µg/ml against HT-29, HCT 116, HCT-8, and Ramos.2G6.4C10 cell lines, respectively. After clinical study, FeNPs containing Alhagi sparsifolia leaf aqueous extract can be utilized as an efficient drug in the treatment of colorectal carcinoma in humans.

#### Acknowledgments

This project was supported by Researchers Supporting Project number (RSP-2021/230) King Saud University, Riyadh, Saudi Arabia.

#### Conflict of interest

The authors declare no conflict of interest.

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